



Headteacher's Message.

Another week has gone by and the children are settling into their new classes more and more each day. It is lovely to see all the children engaging in our school clubs. Our cooking club is very popular this year.

Mrs James.

School Notices.

- ◇ We still have availability for our Nursey class intake for January and April. If you know of anyone who would like a Nursey place at our school, please ask them to contact the school office.
- ◇ Please let the front office know of any changes to your personal information such as phone numbers and addresses.
- ◇ School newsletters are published every Friday. They are also available on the school website.



Healthy Eating.

A balanced diet is an important part of our daily lives. It is really important that children are eating a healthy, balanced diet to ensure their development both mentally and physically is strong.

We are seeing a rise in the amount of snack like food being packed in lunch boxes. Parents of children who eat packed lunches are asked to provide them with food that will give them enough energy to last them through the day.

Food items such as crisps, biscuits and chocolate bars should only be given in small portions. Other items such as fruit, vegetable and proteins should be given in larger quantities. Carbohydrates such as pasta, rice and bread are equally as important in a balanced diet. It provides our body with the energy we need to get us through the day.

Food Cooking Course

Starting in November, Mrs Pinks is running a cooking club for parents and their children to attend. This gives families the chance to cook together and learn new, healthy recipes. For more information contact Mrs Pinks on pinks.m@stowevalley.com

What Have We Been Doing?

Nursery– Our Nursery class have been continuing their learning of different colours. Nursery have had themed days based around different colours.

Reception– Reception learnt about Superhero's this week. They made their own superhero mask and told Mrs Willoughby all about their powers.

Year 1– In year 1, the children have been building boats the for snail to go on the ocean with from The Snail and The Whale story.

Year 2– Year 2 have been learning about where different animals live. They have been investigating which habitats belong to which animals.

Year 3– Christopher Columbus has been the topic of conversation this week in Year 3. They have also been investigating rocks as well as learning how to write instructive text.

Year 4– This week Year 4 have been learning how to use 4 figure grid references. They have also been writing our own diary entries.

Year 5– Mr Atkinsons class have been looking at plants this week and learning about all the different parts.

Year 6– Year 6 have been looking at different cities in America. They have used the knowledge they learnt to create their own travel brochures.

ROKEBY PRIMARY SCHOOL NEWSLETTER



Harris C of E Academy Sports Centre
Multi Sport Holiday Clubs



Summer Holidays | Autumn Half Term | Christmas Holidays | Spring Half Term | Easter Holidays | Summer Half Term

Holiday Club 9am - 4pm

every weekday (excluding bank holidays)

Early drop off from 8am

Late pickup until 6pm

Discount available for early & late together

Open to ages 5 - 12 years

*Please also ask about our Bikeability courses, also running in every school holiday;
Cycling Proficiency for the modern age!*

To book your place or for more info:

Email: sportscentre@harriscofeacademy.co.uk

Phone: 01788 818925

or call in to Harris Sports Centre, Mellish Road, Rugby. CV22 6BB



HARRIS C of E ACADEMY SSP Presents:

Bikeability – October Half Term Courses 2021

LEVEL 1 TRAINING FOR PUPILS IN SCHOOL YEARS 2, 3, 4, 5 & 6:

This training teaches basic cycle control skills in a safe environment away from traffic and will be run at Harris C of E Academy's Sport Centre in Rugby. Children **must be able** to cycle independently (no stabilisers) before coming on the course. Training takes place outside and children should be dressed appropriately in warm, weather proof clothing with gloves recommended.

Course 1: Tuesday 26 October 2021 from 9:30am to 11:45am

Cost: £14 per person payable in advance.

LEVEL 2 TRAINING FOR PUPILS IN SCHOOL YEARS 5, 6 & 7:

This training prepares students for cycling on the public highway for short journeys such as from home to school and will be run from Harris C of E Academy's Sports Centre in Rugby. It is **strongly recommended** that children complete the Level 1 course before attempting Level 2. Training takes place outside and children should be dressed appropriately in warm, weather proof clothing with gloves recommended.

Course Dates (over 2 days. Both days must be attended):

Course 1: Wednesday 27 October 2021 & Thursday 28 October 2021 from 9:15am to 12:30pm

Cost: £22 per person payable in advance.

Early booking is essential as places are strictly limited and will be filled on a first come first served basis.

** Closing deadline for bookings is Friday 15th October 2021. None will be accepted after this date. **

Courses will only run if minimum numbers are reached. Children will need to have their own bicycle and helmet.

Please note that refunds are not available unless the course is cancelled by Harris Sports Centre.

For more information, or to book a place, please call Debbie on 01788 812549 extension 304 or email: ssp@harriscofeacademy.co.uk

<https://www.facebook.com/harrisacademyschoolsport/>
Follow us on Twitter @Harris_SSP Instagram @harrisssp
<http://www.harris.covmat.org/welcome-2/>



Bikeability Training:

These courses are very popular and are usually over-subscribed.

To avoid disappointment parents should book ASAP.

More information is available in the attached flyer.

To book please email ssp@harriscofeacademy.co.uk

See our school Facebook page for more details.

Harris Multi Sport Holiday Club:

Our holiday club is open to children aged 5 to 12 years.

Places are limited. To book please

email sportscentre@harriscofeacademy.co.uk

Holiday club prices and times:

Standard Day: 9.00am - 4.00pm = £14

Early Drop-off: From 8.00am = £3

Late Collection: Until 6.00pm = £3

Full Wrap-around: 8am - 6pm = £19

All Stars Dance Academy.

KS1 Dance—Every Tuesday 3:15 to 4:30

KS2 Dance—Every Thursday 3:15 to 4:30

A unique fusion of street dance and Cheer-leading moves. You'll find the funkiest, most up to date dance moves combined with Cheer-leading chants and cheers. Ultimately, it brings a fresh and interesting twist to both the street dance style and to traditional Cheerleading.

Miss Phillipa from All Stars Dance Academy visits our school twice a week to teach dance lessons to the children after school. If you are interested in dance club, please visit

<https://allstar.class4kids.co.uk/>

Only £19.00 for the remaining 4 sessions.

Trips

Please make sure any trip or swimming money is paid on time. Thank You.

Rokeby Newspaper Reporters.

Every week of this half term a select few of our students will have their own article published right here in the newsletter.

They will be writing on topics such as fun activities to try out, information about the school book trolley and more.



Our student reporters are;
Eben, Chloe P, Aaleah, Florence and Ainoa.

Rokeby Primary is part of the Stowe Valley Multi Academy Trust.

Tel: 01788 814399 Email: rokebyprimary@stowevalley.com

Rokeby Primary School is committed to safeguarding and promoting the welfare of children and young people and expects everyone to share this commitment.