

# Educaterers Lunch Menu Week 1 – w/c 7/3, 28/3, 2/5, 23/5, 20/6, 11/7.

## Meat Free Monday



(v) Quorn Dippers G.D.E.

OR



(v) Veg Korma with Quorn SB,M,D,E  
Quorn the Chunk is a tasty plant based alternative to chicken

OR



Jacket Potatoes Every Day

(v) Cheese/Beans D.  
OR



Tuesday

OR



(vg) Plant Power Balls

Wednesday

Pork Sausages G,SU.



OR



(vg) Quorn Roast G.  
Optional Stuffing G.

Thursday

British Roast Chicken, Stuffing G.



OR



(vg) Veggie Hot Dog G.

Friday

Pasta Bolognese G/Cheese D.



OR



Salmon Fishcake F,G,SB.

(v) Rustic Cheese & Tomato Pizza D,G.

## Week 1 Dessert Menu

### Every day we offer:

(v) Yoghurt, (D) or fresh fruit as alternative dessert options

### Monday

(vg) Homemade Flapjack G.  
(v) Cheddar Cheese, Crackers and Apple Slices G,D.

### Tuesday

(v) Homemade Banoffee Cake with Toffee Drizzle SB,D,E,G.  
(v) Chocolate Swirl Mousse D.

### Wednesday

(v) Homemade Strawberry Slice G. with Custard D.

### Thursday

(vg) Homemade Jammy Cookie G.

### Friday

(v) Ice Cream Tub D.  
(v) Homemade School Favourite Iced Sponge with Fruit G,E.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit. Accompaniments may vary to those shown in the photographs.

### Key

vg = vegan  
V = vegetarian  
D = Dairy  
N = Coconut/Nuts  
S = Sesame  
E = Egg  
G = Gluten/Wheat  
F = Fish  
M = Mustard  
SB = Soya  
SU = Sulphites

### Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.



# Educaterers Lunch Menu Week 2 – w/c 14/3, 4/4, 9/5, 6/6, 27/6, 18/7.

## Meat Free Monday



(V) Quorn Sausage Pattie D,E,G.



(V) Mac 'n' Cheese G,D.



(V) Cheese/Beans D.

Jacket Potatoes Every Day

## Tuesday



Chicken Pie G,D



(V) Quorn Dippers G,D,E.  
(V) Creamy Curry Sauce M,D,E.



(V) Cheese D.

OR



Roast Beef in Gravy, York Pud D,E,G



(Vg) Quorn Roast G.  
(V) Yorkshire Pudding D,E,G



Tuna Mayonnaise F,E.

## Thursday



Pork Meatballs G,SU.



(V) Vegetable Burrito Bake G,D.



Breaded Fish Fillet F.



(Vg) Breaded Vegetable Fingers G.

## Week 2 Dessert Menu

Every day we offer:

(V) Yoghurt (D)  
or fresh fruit as alternative dessert options

### Monday

(Vg) Homemade Chocolate Cracknel

### Tuesday

(Vg) Homemade Shortbread G.

### Wednesday

(V) Homemade Fruit Crumble G.  
with Custard D.

(V) Ice Cream Tub D.

### Thursday

(V) Homemade Iced Pineapple Cake G,E.

### Friday

Jelly with Fruit  
(V) Ice Cream Tub D.

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**Accompaniments may vary to those shown.**

## Key

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V = vegetarian  
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# Educaterers Lunch Menu Week 3 – w/c 21/3, 25/4, 16/5, 13/6, 4/7.

## Meat Free Monday



OR



OR



**Cheese and Tomato Pizza D.G.**

(v) Sweet and Sour Quorn G.E.

(v) Cheese/Beans D.

## Tuesday



OR



**Brunch: Sausage G.SU Omelette D.E.**

(v) Cheesy Tomato Pasta G.D.

(v) Cheese D.

## Wednesday



OR



**Roast Pork, Apple Sauce**

(vg) Quorn Roast G.  
Apple Sauce

Tuna Mayonnaise F.E.

## Thursday



OR



**Beef Grill G. In a Bun G.**

(vg) Plant Power Burger  
in a Bun G.

## Friday



OR



**Breaded Fish Fillet F.**

(v) Roasted Vegetable Tart G.D.E.

Jacket Potatoes Every Day

## Week 3 Dessert Menu

**Every day we offer:**

(v) Yoghurt (D)  
or fresh fruit as alternative dessert options

### Monday

(v) Chocolate Mousse with Fruit D.  
(vg) Homemade Cherry Cookie G.SU.

### Tuesday

(v) American Pancake with Fruit Toppings  
G.E.D. *If served with lemon juice contains SU*

### Wednesday

(v) Homemade Chocolate  
Orange Brownie G.E.  
with Hot Chocolate Sauce D.

### Thursday

(v) Ice Cream Tub D.  
(vg) Homemade Ginger Cookie G.

### Friday

(v) Homemade Sticky Toffee Cake G.E.D.SB.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

**Accompaniments may vary to those shown.**

## Key

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F = Fish  
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